

Sun Protection Policy

EDITION 4



Summary

Dicky Birds recognises the risks associated with overexposure to the sun.

To help prevent dehydration, sun burn, sun stroke and skin cancer, we will teach, encourage and support children, parents and staff to be safe in the sun.

During summer months (May to Oct) or un-seasonably warm weather, we will ensure that the following guidelines are adhered to whenever possible:

Parents' Responsibilities

Parents are requested to apply sun cream to their child at home before they leave. This will protect children on the journey to nursery, club or school and should also allow sufficient time (usually 20 minutes) for cream to be absorbed ready for maximum protection during outside play.

Parents are also requested to provide sunhats (ideally legionnaire style) and protective clothing (e.g. long sleeve t-shirt) which can be kept at the nursery. Children attending the B&ASC should have appropriate protective clothing as per their schools sun protection policy, every effort will be made to ensure that the children have their hats etc. with them when they are picked up from school and that they are returned with the child at the end of the day.

Parents are required to give consent for their children to have sun cream applied. They are also required to inform the nursery of any known allergies to sun cream.

Dicky Birds' Responsibilities

Children's exposure to the sun will be limited throughout the day, especially between the hours of 11am and 3pm and on very hot days.

Education

Practitioners will teach children about the dangers of the sun in an age-appropriate way. They will teach them when and why sun cream should be applied, when to stay in the shade, cover up their skin, use a sun hat and sunglasses, staff will also support the children to do so.

Provision of Sun cream

Dicky Birds will provide sun cream for children's use. This will be used to 'top-up' cream already applied by parents in the morning.

The sun cream will be hypoallergenic with a SPF of 50. One brand will be provided at each setting.

NOTE: Parents of children with allergies or preferences for another brand of sun cream should provide their own.

Practitioners will use their judgement and reapply as necessary – e.g. after water play or swimming, before a walk or trip, during the day if children are choosing to play outside for long periods.

Expiry dates will be checked and cream will not be used after it has expired.

Babies under 6 months will not have sunscreen applied and will not be exposed to the sun.

Protective Clothing

Children will wear hats and be appropriately ‘covered up’ when playing in the garden, on school runs or on outings.

Dicky Birds will maintain stock of ‘spare’ sun-hats and long-sleeve tops to support families who have lost or forgotten to provide them.

Drinking Water

Practitioners will ensure drinking water is available at all times throughout the day and ensure children playing outside can freely access drinking water and that they are encouraged to do so.

Shade

Practitioners will identify and utilise shade when planning activities in the garden.

Babies aged 6 – 12 months will have appropriate shade provided at all times in the garden and when on outings.

Babies under 6 months will not be exposed to the sun.

Linked Policies

- *Outings Policy*
- *Risk Assessment Policy*
- *First Aid Policy*

To be used in Conjunction with the following Nursery Forms, Documents & Resources

- *Child Entry Form (allergies and consent)*
- *Sun cream; hats; spare clothing*

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>February 2018</i>	<i>Rachel Berry</i>	<i>February 2019</i>