



Nut Free Policy

EDITION 4

Summary

Dicky Birds aims to make its premises nut free. This means no 'nuts' or food products containing 'nuts' are to be used in the preparation of our menus and staff/parents/children/visitors must not bring foods containing nuts onto the premises to be consumed there. We hope this will reduce the risk of any child/adult who may have or may develop an allergy to nuts, coming into contact with products which could potentially be harmful, even life-threatening to them.

Procedures

For the purpose of this policy, we include tree nuts and peanuts under the definition of 'nuts'.

We realise that many processed foods e.g. breakfast cereals carry allergy advice similar to this 'may contain traces of nut' or 'cannot guarantee nut free' which are very difficult to avoid and therefore we will speak to parents of any children joining the setting who have a nut allergy to establish the severity of the allergy so that a care plan and a risk assessment can be put in place. Special instructions from the child's parent/carer or staff member relating to processed foods and packaging advice will form part of the child's care plan and risk assessment. Please refer to our allergy policy for more information.

In order to reduce the risk of an allergic reaction for children in our care Dicky Birds will:

- Ensure staff do not bring food or products containing nuts into the nursery or club
- Ensure that gifts from parents which may contain nut ingredients are handed to the manager for safe keeping until the end of the day/term.
- Ensure staff avoid using care products that may contain nuts – e.g. shampoo, hand cream
- Ensure staff do not use nuts or nut shells as heuristic resources or musical instruments
- Make sure cooking ingredients do not include nuts (including peanuts)
- Inform all new parents and carers of this policy
- Remind parents and carers periodically via our Weekly Chirp and notices

NO NUTS



PLEASE



Nut Free Policy

EDITION 4

- Check children's bags and coats to ensure there is nothing unsafe in the pockets
- Challenge parents that put children/staff at risk by not adhering to this policy

Parents Responsibilities

We ask parents and carers to:

- Advise us if their child has a nut allergy or if they believe there is a risk they are allergic
- Not allow children to eat snacks in the nursery – e.g. biscuits and treats when collecting/dropping off
- Check the ingredients carefully when choosing nappy creams to ensure that they do not contain nut ingredients, in particular peanut oil which can be listed as *Arachis Hypogaea*, packaging should state that the product contains peanut oil, or *Prunus Amygdalus Dulcis* which is almond oil
- Check the ingredients of all prescribed medication (Usually, creams, lotions and ear drops) for nut derivatives including *Arachis Hypogaea* or *Prunus Amygdalus Dulcis* these medicines will not be allowed on the premises.
- Ensure food products are not left in children's bags or pockets – as well as an allergy risk these also may pose a serious risk of choking!
- Not bring cakes/biscuits/cookies into the nursery to celebrate a child's birthday (we suggest you bring in a Birthday Book instead – or allow us to bake our own cake with the children as we can guarantee that it will be nut-free!
- Try and avoid bringing in gifts for staff which contain nuts.

N.B. We will accept gifts containing nuts; however, they must be in their original containers with all packaging intact and unopened. The gift must be handed in at the nursery office to the manager or to the club manager for safe keeping until the end of the day. At Christmas when there are a lot of gifts they will be kept in the office (Or out of reach of the children at the club) until the last day of term when they will be distributed to all staff.



Nut Free Policy

EDITION 4

Linked Policies

- *Allergy*
- *Nutrition and Meal Times*
- *Staff Induction Pack – Personal Appearance Policy*
- *Welcome to the nest – guide book*

To be used in Conjunction with the following Nursery Forms, Documents & Resources

- *Nursery Menu;*
- *Breakfast Ingredients List*
- *Allergy substitutes lists*
- *Allergy/Vegetarian Stickers*
- *Risk Assessments*

Updated	<i>January 2018</i>
Updated by	<i>Lisa Turpin Catering and Health and Safety Support</i>
Date to be Reviewed	<i>January 2019</i>