

No Smoking Policy



EDITION 5

Summary

As a company we are committed to promoting the health and wellbeing of the children in our care, our staff and any visitors to our premises.

Smoking has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking policy within its buildings, grounds and company vehicles.

We share our No Smoking Policy with all staff, volunteers, students undertaking placements and visitors to the provision. 'No smoking' signage is clearly displayed within the provision and our policy is available to view on our website.

Staff accompanying children outside the nursery are not permitted to smoke. We also request that parents accompanying nursery children on outings refrain from smoking while caring for the children.

Third-hand smoking – This is defined as “residual tobacco smoke contamination that remains after the cigarette is extinguished”.

Research has shown that residual smoke from cigarettes can combine with air pollutants and linger within fabrics for decades. These compounds can mix and settle with dust, settling into carpets and soft fabrics as well as porous materials such as walls. It lingers on hair, skin, clothing and the hands of smokers.

Research into residual tobacco smoke is still being undertaken but it is thought that like first- and second-hand smoking it can cause asthma attacks, allergic reactions and cancer.

Procedures

We adopt the following preventative measures to reduce the risk of ill health from third-hand smoking by:

- Asking staff to avoid smoking just before they are due to start work if possible and never whilst walking to and from work or whilst wearing a nursery tabard or name badge.
- Asking staff who smoke to ensure that their clothing is protected so that they do not smell of smoke.
- Washing their hands thoroughly before starting their shift and after every meal break.
- Providing hand washing facilities with hot water, antibacterial hand soap and disposable paper towels.
- Ensuring staff smoke well away from the building and premises of the provision. (Each setting is provided with guidance as to where they may smoke)



No Smoking Policy

EDITION 5

- Restricting staff who have smoked from holding babies/children for 30 to 60 minutes after smoking.
- Thorough cleaning of the nursery environment on a regular basis, including the washing of all fabric toys and resources.
- Including within employment contracts that any breach may result in disciplinary action.

Home visits

We have a duty of care to our staff and as such we will consider their well being when entering properties where parents are or have been smoking .Special attention will be given to staff who are pregnant or who have allergies or asthma.

Before home visits are arranged we will establish if the child's home is a smoking or non-smoking environment. If families declare that their home is a smoking environment we will ask parents not to smoke within the property during the visit and preferably for a period of time prior to the visit.

Staff may refuse to attend a home visit if the home is a smoking environment.

We respect that smoking is a personal choice, although as an organisation we support healthy lifestyles. We aim to help staff and parents to stop smoking by:

- Providing information of local help groups
- Providing factsheets and leaflets
- Providing details of the NHS quit smoking helpline
Telephone: 0800 169 0 169 Or <http://www.nhs.uk/smokefree/>
- Offering information regarding products that are available to help stop smoking
- Offering in-house support.

We appreciate that staff may elect to use an alternative option to stop smoking – if this is the use of Nicorette gum it may not be used whilst working directly with children either in or out of the nursery

This policy also applies to electronic cigarettes.

To be used in Conjunction with the following Nursery Forms, Documents & Resources

- *Home visit question and answer form*
- *Home Visit policy*

This policy was adopted on	Signed on behalf of the nursery	Date for review
January 2018	Rachel Berry (Operations Director)	January 2019